

# Most Holy Body and Blood of Christ

## INTRODUCTORY RITES

### GATHERING SONG

### Table Of Plenty

Refrain

Come to the feast of heav-en and earth! Come to the ta -  
- ble of plen - ty! God will pro-vide for all that we  
need, here at the ta - ble of plen - ty.

Verses

1. O come and sit at my ta - ble where saints and  
2. O come and eat with-out mon-ey; ‡ come to  
3. My bread will ev - er sus-tain you through days of  
4. Your fields will flow - er in full-ness; your homes will

1. sin - ners are friends. I wait to wel-come the lost and  
2. drink with-out price. My feast of glad-ness will feed your  
3. sor - row and woe. My wine will flow like a sea of  
4. flour - ish in peace. For I, the giv - er of home and

to Refrain

1. lone - ly to share the cup of my love.  
2. spir - it with faith and full - ness of life.  
3. glad-ness to flood the depths of your soul.  
4. har-vest, will send my rain on the soil.

© 1992, OCP. All rights reserved.

### SIGN OF THE CROSS

Priest: In the name of the Father, and of the Son, and of the Holy Spirit.

All: Amen.

### GREETING

Priest: The grace of our Lord Jesus Christ, and the love of God,  
and the communion of the Holy Spirit be with you all.

All: And with your spirit.

### PENITENTIAL ACT

All: I confess to almighty God and to you, my brothers and sisters,  
that I have greatly sinned, in my thoughts and in my words,  
in what I have done and in what I have failed to do,  
**And, striking their breast, they say:**  
through my fault, through my fault, through my most grievous fault;  
therefore I ask blessed Mary ever-Virgin, all the Angels and Saints,  
and you, my brothers and sisters, to pray for me to the Lord our God.

**The absolution by the Priest follows:**

**Priest:** May almighty God have mercy on us, forgive us our sins,  
and bring us to everlasting life.

**All:** Amen.



Music © 2018, Sarah Hart. Published by OCP. All rights reserved.

**GLORIA**



Text © 2010, ICEL. All rights reserved. Used with permission.  
Music © 2018, Sarah Hart. Published by OCP. All rights reserved.

## COLLECT

Priest: . . . . . Through our Lord Jesus Christ, your Son, who lives and reigns with you  
in the unity of the Holy Spirit, one God, for ever and ever.

All: Amen

## LITURGY OF THE WORD

### FIRST READING

*Genesis 14:18-20*

#### A reading from the Book of Genesis

In those days, Melchizedek, king of Salem, brought out bread and wine,  
and being a priest of God Most High,  
he blessed Abram with these words:

"Blessed be Abram by God Most High,  
the creator of heaven and earth;  
and blessed be God Most High,  
who delivered your foes into your hand."

Then Abram gave him a tenth of everything.

Lector: The word of the Lord.

All: Thanks be to God.

### RESPONSORIAL PSALM



R. You are a priest for ev - er, in the line of Mel - chiz - e - dek.

Text © 1969, 1981, 1997, ICEL. All rights reserved. Used with permission.  
Music: Owen Alstott, © 1977, 1990, OCP. All rights reserved.

### SECOND READING

*1 Corinthians 11:23-26*

#### A reading from the first letter of St. Paul to the Corinthians

Brothers and sisters:

I received from the Lord what I also handed on to you,  
that the Lord Jesus, on the night he was handed over,  
took bread, and, after he had given thanks,  
broke it and said, "This is my body that is for you.  
Do this in remembrance of me."

In the same way also the cup, after supper, saying,  
"This cup is the new covenant in my blood.

Do this, as often as you drink it, in remembrance of me."

For as often as you eat this bread and drink the cup,  
you proclaim the death of the Lord until he comes.

Lector: The word of the Lord.

All: Thanks be to God.

## GOSPEL

*Luke 9:11b-17*

Deacon: The Lord be with you.

**All: And with your spirit.**

Deacon: A reading from the holy Gospel according to Luke

**All: Glory to you, O Lord.**

Jesus spoke to the crowds about the kingdom of God,  
and he healed those who needed to be cured.

As the day was drawing to a close,  
the Twelve approached him and said,

"Dismiss the crowd

so that they can go to the surrounding villages and farms  
and find lodging and provisions;  
for we are in a deserted place here."

He said to them, "Give them some food yourselves."

They replied, "Five loaves and two fish are all we have,  
unless we ourselves go and buy food for all these people."

Now the men there numbered about five thousand.

Then he said to his disciples,

"Have them sit down in groups of about fifty."

They did so and made them all sit down.

Then taking the five loaves and the two fish,  
and looking up to heaven,

he said the blessing over them, broke them,  
and gave them to the disciples to set before the crowd.

They all ate and were satisfied.

And when the leftover fragments were picked up,  
they filled twelve wicker baskets.

Deacon: The Gospel of the Lord.

**All: Praise to you, Lord Jesus Christ.**

## HOMILY

## THE CREED

**All: I believe in one God,  
the Father almighty,  
maker of heaven and earth,  
of all things visible and invisible.  
I believe in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages.  
God from God,  
Light from Light,  
true God from true God,  
begotten, not made, consubstantial with the Father;  
through him all things were made.  
For us men and for our salvation he came down from heaven,  
At the words that follow, up to and including 'and became man', all bow.**

and by the Holy Spirit was incarnate of the Virgin Mary,  
and became man.  
For our sake he was crucified under Pontius Pilate,  
he suffered death and was buried,  
and rose again on the third day  
in accordance with the Scriptures.  
He ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead  
and his kingdom will have no end.  
I believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is adored and glorified,  
who has spoken through the prophets.  
I believe in one, holy, catholic and apostolic Church.  
I confess one Baptism for the forgiveness of sins  
and I look forward to the resurrection of the dead  
and the life of the world to come. Amen.

## THE PRAYER OF THE FAITHFUL

All: Hear our prayer.

## LITURGY OF THE EUCHARIST

*Opportunity for online giving*

### OFFERTORY SONG Our Blessing Cup

**Refrain**

Our bless-ing cup is a com-mun-ion with the blood of Christ;  
and the bread we break, it is a shar-ing in the bod-y of the

Repeat first time only  
(or ostinato as desired) Verses

**Fine**

Lord.

1. How can we make a re - turn
2. Pre-cious in - deed in your sight,
3. Gra-cious and mer - ci - ful God,
4. For you have heard my \_\_\_ voice,

1. for all the good-ness God has shown?	We will take the
2. the life and death of those you love.	We ___ are your
3. we give you thanks and bless your name:	with ___ all your
4. for you have heard my plead - ing.	Though _ death sur -

to Refrain (or Verse  
if ostinato is sung)

1. cup of life, and \_\_\_ call up - on God's name.
2. ser - vants, for \_\_\_ you have set us free.
3. peo - ple, praise and glo - ry to your name.
4. round-ed me, you \_\_\_ heard and an-swered me.

**All: Blessed be God for ever (x2)**

Priest: Pray, brethren (brothers and sisters),  
that my sacrifice and yours  
may be acceptable to God,  
the almighty Father.

**All: May the Lord accept the sacrifice at your hands  
for the praise and glory of his name,  
for our good  
and the good of all his holy Church.**

Priest: . . . . . Through Christ our Lord.

**All: Amen.**

**THE EUCHARISTIC PRAYER**

Priest: The Lord be with you.

**All: And with your spirit.**

Priest: Lift up your hearts.

**All: We lift them up to the Lord.**

Priest: Let us give thanks to the Lord our God.

**All: It is right and just.**

**HOLY**

Ho - ly, Ho - ly, Ho - ly Lord God of hosts.  
Heav - en and earth are full of your glo - ry.  
Ho - san - na in the high - est.  
Bless - ed is he who comes in the name of the Lord.

Text © 2010, ICEL. All rights reserved. Used with permission.  
Music © 2018, Sarah Hart. Published by OCP. All rights reserved.

**MEMORIAL ACCLAMATION**

We pro-claim your Death, O Lord, and pro-fess your  
Res-ur-rec - tion un - til you come a - gain.

Text © 2010, ICEL. All rights reserved. Used with permission.  
Music © 2018, Sarah Hart. Published by OCP. All rights reserved.

Priest: Through him, and with him, and in him,  
O God, almighty Father, in the unity of the Holy Spirit,  
all glory and honor is yours, for ever and ever.

All: Amen.

## THE COMMUNION RITE

### THE LORD'S PRAYER

Priest: At the Savior's command and formed by divine teaching, we dare to say:

All: **Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come,  
thy will be done  
on earth as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us;  
and lead us not into temptation,  
but deliver us from evil.**

Priest: Deliver us, Lord, we pray, from every evil, graciously grant peace in our days,  
that, by the help of your mercy, we may be always free from sin  
and safe from all distress, as we await the blessed hope  
and the coming of our Savior, Jesus Christ.

All: **For the kingdom, the power and the glory are yours now and for ever.**

### SIGN OF PEACE

Priest: Lord Jesus Christ, who said to your Apostles:  
Peace I leave you, my peace I give you, look not on our sins,  
but on the faith of your Church, and graciously grant her peace and unity  
in accordance with your will.  
Who live and reign for ever and ever.

All: Amen.

Priest: The peace of the Lord be with you always.

All: **And with your spirit.**

Deacon: Let us offer each other the sign of peace.

### LAMB OF GOD



## COMMUNION

Priest: Behold the Lamb of God, behold him who takes away the sins of the world.  
Blessed are those called to the supper of the Lamb.

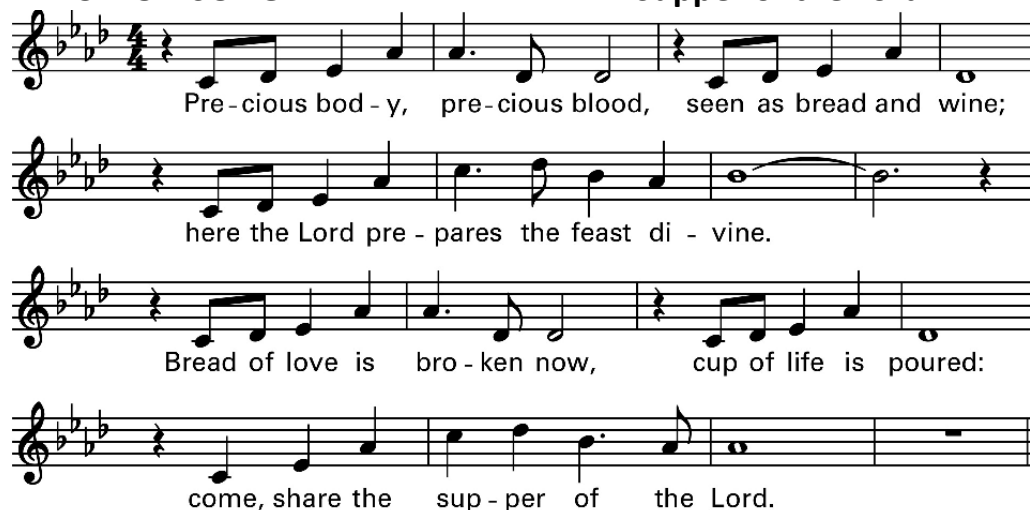
All: **Lord, I am not worthy that you should enter under my roof,  
but only say the word and my soul shall be healed.**

## PRAYER FOR SPIRITUAL COMMUNION

My Jesus,  
I believe that you are truly present in the most Blessed Sacrament.  
I love you above all things and I desire to possess You within my soul.  
Since I am unable at this moment to receive You sacramentally,  
come at lease spiritually into my heart.  
I embrace You as being already there,  
and unite myself wholly to You.  
Never permit me to be separated from you. Amen

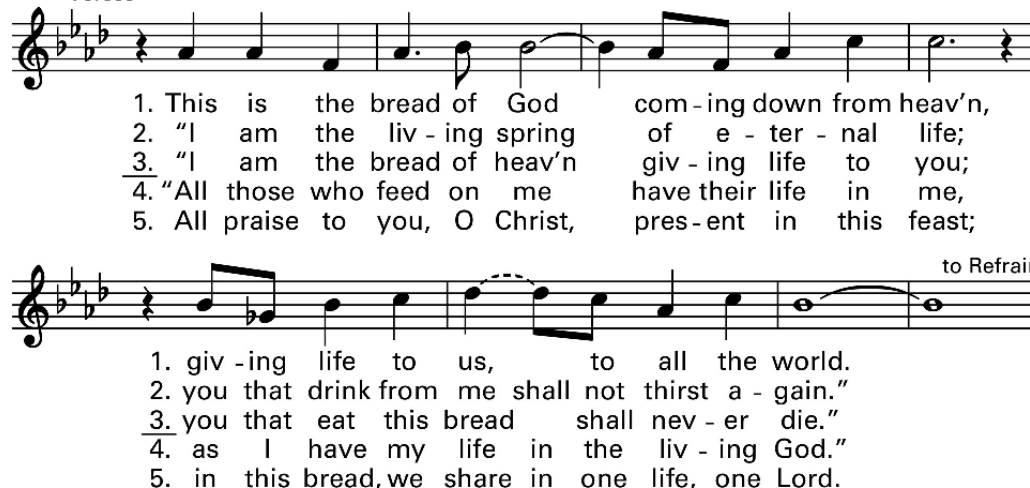
## COMMUNION SONG

### Supper of the Lord



Pre-cious bod - y, pre-cious blood, seen as bread and wine;  
here the Lord pre - pares the feast di - vine.  
Bread of love is bro - ken now, cup of life is poured:  
come, share the sup - per of the Lord.

### Verses



1. This is the bread of God com - ing down from heav'n,  
2. "I am the liv - ing spring of e - ter - nal life;  
3. "I am the bread of heav'n giv - ing life to you;  
4. "All those who feed on me have their life in me,  
5. All praise to you, O Christ, pres - ent in this feast;

to Refrain

1. giv - ing life to us, to all the world.  
2. you that drink from me shall not thirst a - gain."  
3. you that eat this bread shall nev - er die."  
4. as I have my life in the liv - ing God."  
5. in this bread, we share in one life, one Lord.



## PRAYER AFTER COMMUNION

Priest: . . . . . Through Christ our Lord.

All: Amen

## FINAL BLESSING

Priest: The Lord be with you.

All: **And with your spirit.**

Priest: May almighty God bless you,  
the Father, and the Son, ✠ and the Holy Spirit.

All: **Amen.**

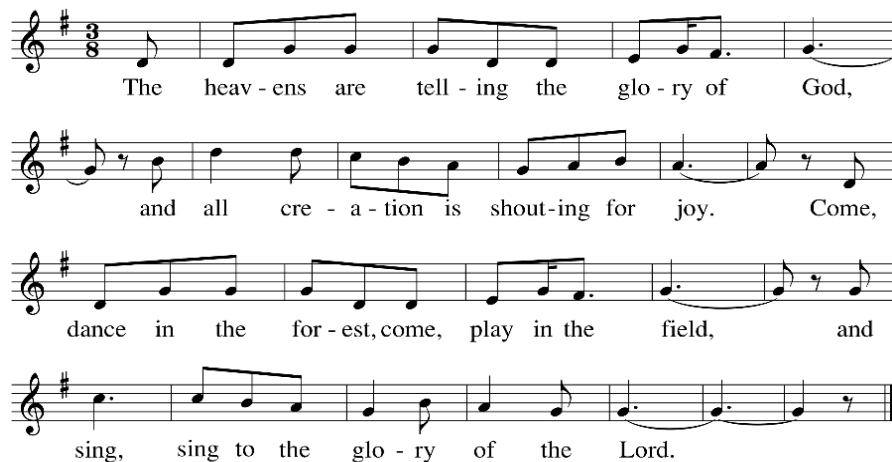
## DISMISSAL

Deacon: Go in peace, glorifying the Lord by your life.

All: **Thanks be to God.**

## RECESSIONAL SONG

### Canticle of the Sun



Verses



1. Praise for the sun, the bring - er of day, He car - ries the
2. Praise for the wind that blows through the trees, The seas might - y
3. Praise for the rain that wa - ters our fields, And bless - es our
4. Praise for the fire who gives us his light, The warmth of the
5. Praise for the earth who makes life to grow, The crea - tures you
6. Praise for our death that makes our life real, The knowl - edge of



light of the Lord in his rays; The moon and the stars who  
storms, / the gen - tl - est breeze; They blow where they will, they  
crops / so all the earth yields; From death un - to life her  
sun / to bright - en our night; He danc - es with joy, his  
made / to let your life show; The flow - ers and trees that  
loss / that helps us to feel; The gift of your - self, your



light up the way Un - to your throne.  
blow where they please To please the Lord.  
mys - t'ry re - vealed Springs forth in joy.  
spir - it so bright, He sings of you.  
help us to know The heart of love.  
pres - ence re - vealed To lead us home.